

October 2024

Lunch K - 8

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

All Menus Are Subject to Change

1

- Entrée 1
 - Chicken Tenders
 - Roasted Potatoes
- Entrée 2
 - Pasta Alfredo
 - Green Peas
 - Dinner Roll
- Fruit
 - Fresh Pear

2

- Entrée 1
 - Turkey Hot Dog & Bun
 - Baked Beans
- Entrée 2
 - Spanish Rice, Cheese & Beans
- Fruit
 - Fresh Apple



4

- Entrée 1
 - French Bread Pizza
- Entrée 2
 - Chicken Breast Sandwich
- Vegetable & Fruit
 - Baby Carrots
 - Cranberries

7

- Entrée 1
 - Cheeseburger
- Entrée 2
 - Egg & Cheese Sandwich
- Vegetable & Fruit
 - Roasted Potatoes
 - Fresh Orange

8

- Entrée 1
 - Turkey Salsa Bowl w/rice & beans
- Entrée 2
 - Veggie Burger
 - Stewed Pinto Beans
- Fruit
 - Fresh Pear

9

- Entrée 1
 - Spaghetti & Meatballs
 - Broccoli
- Entrée 2
 - Garden Salad
- Fruit
 - Fresh Banana

10

- Entrée 1
 - Crispy Chicken Biscuit
 - Celery Sticks
- Entrée 2
 - Salad Cobb
 - Pita Bread
- Fruit
 - Fresh Apple



11

- Entrée 1
 - Cheese Pizza
- Entrée 2
 - Turkey & Cheese Sandwich
- Fruit
 - Baby Carrots
 - Cranberries

14

- Entrée 1
 - Chicken Nuggets
 - Baked Beans
- Entrée 2
 - Falafel w/ Quinoa Pilaf
 - Black Beans & Tomato
- Fruit
 - Fresh Orange

15

- Entrée 1
 - Macaroni & Cheese
 - Broccoli
- Entrée 2
 - Beef Meatball Sub
 - Broccoli
- Fruit
 - Fresh Pear

16

- Entrée 1
 - French Toast Sticks w/ Eggs
- Entrée 2
 - Hot Honey Chicken Sandwich
- Vegetable & Fruit
 - Roasted Sweet Potatoes
 - Fresh Apple

17

- Entrée 1
 - Adobo Chicken & Cilantro Rice
 - Street Corn
- Entrée 2
 - Veggie Burger
 - Roasted Potatoes
- Fruit
 - Fresh Banana

18

- Entrée 1
 - French Bread Pizza
- Entrée 2
 - Egg Salad Sandwich
- Vegetable & Fruit
 - Celery Sticks
 - Applesauce



21

- Entrée 1
 - Quesadilla Cheese
 - Street Corn
- Entrée 2
 - Meatloaf w/ Gravy
 - Mashed Potatoes
- Fruit
 - Fresh Orange

22

- Entrée 1
 - Macaroni & Cheese
 - Broccoli
- Entrée 2
 - Spanish Rice, Cheese & Beans
- Fruit
 - Fresh Pear

23

- Entrée 1
 - Buffalo Chicken Melt
 - Flatbread
 - Celery Sticks
- Entrée 2
 - Cheese Ravioli
 - Green Beans
- Fruit
 - Fresh Apple

24

- Entrée 1
 - Stuffed Breadsticks
 - Marinara Dipping Sauce
 - 100% Vegetable Juice
- Entrée 2
 - Turkey Fajita & Brown Rice
 - Carrots
- Fruit
 - Fresh Banana

25



28

Entrée 1

- BBQ Beef Meatball Sub
- Broccoli

Entrée 2

- Pasta Tomato Sauce & Cheese
- Broccoli

Fruit

- Fresh Orange

29

Entrée 1

- Chicken Tenders
- Roasted Potatoes

Entrée 2

- Pasta Alfredo
- Green Peas
- Dinner Roll

Fruit

- Fresh Pear

30

Entrée 1

- Turkey Hot Dog & Bun
- Baked Beans

Entrée 2

- Spanish Rice, Cheese & Beans

Fruit

- Fresh Apple

31

Entrée 1

- Cheese Lasagna
- Green Beans

Entrée 2

- Salad Chicken Caesar
- Pita Bread

Fruit

- Fresh Banana

Daily Milk Variety:

- 1% White Milk
- FF Chocolate Milk
- Lactose Free Milk

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